1: Ammar E, I-5 (1951) 1954
MR13 Feilahin MR13
Silwa

fined to their homes. A man who does not frequently mix with his fellow men outside the house is branded as the 'man of the oven', while a woman who continually leaves her house is called 'strayer'. Men meet for their spontaneous gathering and gossip outside the house, while women meet inside. While women are expected to adorn themselves with earrings, nose rings, kohl for the eyes, finger rings, anklets, henna for the palms (almost an ornament for every sense), men are supposed to refrain. Moreover while men shave or cut their hair, women leave it to grow as long as possible and never cut it.[1] While men wear pants, women do not; while women's speech is usually sprinkled with words in the diminutive, men are not expected to follow this habit; while women carry things on their heads, men never do so, and only carry things either in the hands, or on the back or shoulders. On walking along the village streets and alleyways, women keep near the wall, while men walk in the middle of the street. Although both men and women are fond of dramatizing their speech, yet they have different stylized ways of doing this. While men use their index fingers as a sign of threatening, women point out with their middle finger. Women grasp their chin or slap their face with open palms for surprise or regret or shame, while men slowly clap their hands. On being angry or hurt, the woman's cry is 'Abouh, abouh . . .' and in joy her shrill cry is 'Wri, ri, ri . . .'. Men are not supposed to utter any cries of joy or anger. In threatening a man will threaten in default to cut off his moustache, while a woman threatens to cut off her head hair. Men and women use different invectives and imprecations as well as different greetings. Women in their speech draw out their words, whereas men end them abruptly. Women do not participate either in individual or communal worship in the mosque as they are excluded altogether from it, but there is no Koranic support for this. On the other hand, they are usually the performers of magico-religious rituals connected with averting the evil eye, bringing about pregnancy, or healing the sick; and men are less engaged in this sphere. It is also interesting to note that, as in Classical Arabic, the dialect of the village attached the feminine 'n' at the end of the verb in the third person feminine plural, a feature which does not occur in most of the urban dialects in Egypt.

Between men and women there is complete avoidance in looking at each other face to face, except in the case of certain kinships specified by the Koran. On meeting men in the street, women have always to turn their heads to one side, and pull their head covering across their face, and men are expected to lower their heads and not stare at women. The sex taboo on looking and talking without reserve does not apply to children till they reach the adolescent stage, when they gradually acquire such norms and begin to observe them as a part of their value system of politeness. On the other hand, very old women and men are freed from such restric-

[1] See Appendix VIII, for a boy who said that he would be ashamed if his hair grew long, presumably because it looks like that of girls.

1: Ammar E. I-5 (1951) 1954
MR13 Fellahin MR13
Silwa

customs like the people in Silwa. The visiting priest who comes yearly to the village is certainly welcome on his arrival, and people flock to him for advice on religious matters. On attending one of these meetings, the writer was struck by the number of questions that those present put to him concerning the details of prayers, e.g. whether one lifts his hand up to his shoulder or up to his ears, how one sits on after prostration, what one might say before and after prayers. Other questions that arose were queries about whether certain sayings or deeds were considered to be religiously approved or disapproved, how and to whom one would make a sacrifice oath, whether visiting saints' tombs is a good thing or not, and so forth.

Village life, on the whole, whether in religious or social spheres, is very ritually and ceremonially conscious, and almost invulnerable on this level. Greeting, hospitality, eating, praying, exchange of social obligations, circumcision, marriage, and dozens of items of life are shrouded with ritual and traditional prescriptions. My informant, Mahmoud, told me that after a sermon given by a preacher coming from the city, who told the villagers that their customs practised on the death of a person were non-Islamic, they took a vow not to practise them any more. Yet the adherence to the oath was made for some six months, after which people gradually relapsed to their traditional ways, with the only exception that women were allowed to follow the deceased as far as the southern end of the village instead of going on to the cemetery as had been the practice hitherto.

The extent of social change on the folkhood of the village could be also examined in the villagers' ideas about sickness and disease which are mixed with ritual and religious beliefs. Disease, it is supposed, can be caused either by failure to fulfil some religious ritual or ceremony, such as a financially able man not performing his pilgrimage, or the failure to give the promised offerings to a saint, or providing a naming ceremony for a new-born baby. If saints are suspected as the cause of the disease, usually a woman known to be the guardian of that particular saint, or upon whom saints descend, would be consulted to tell whether the family has broken or forgotten a sacrificial custom. If no special saint has been offended, then bread could be specially baked and distributed as a 'karama' amongst people after the Friday prayer, asking God to relieve the sick.

Sickness can also be caused by the evil eye, and in such cases a learned man is asked to recite verses from the Koran or write a charm (higab) to be worn by the sick person as a prophylactic safeguard as well as a means of treatment. Certain diseases like paralysis are believed to be caused by the evil red wind emanating from the touch of jinn; an epileptic is also a person who is mounted and obsessed by jinn who usually haunt deserted places, wells, and high spots in the mountains. Curiously enough, tuberculosis is believed to be caused by pretence and social conceit.

Moreover, a sickness is considered as God's test for the endurance and patience of the faithful. As the faithful are always exposed to affliction, their faith in God should never be shaken, and hence their endurance of

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

employed for evil no less than for beneficent purposes, the magician is greatly feared as well as respected by the villagers. In order to propitiate him they offer him presents of grain, prepared food, and other desirable commodities, for there is always lurking in the peasant's mind the fear that he may unintentionally arouse the displeasure of the magician, who might thus on his own account devise evil against him, or at any rate be more easily induced to do so by an enemy of the unwitting offender.

FIG. 113. THE WOMAN WHO IS POSSESSED BY THE SHEIKH MUḤAMMED

There is a female magician of my acquaintance who is possessed by a certain sheikh Muḥammed (Fig. 113). This sheikh has never lived on the earth, but is a member of one of the communities of supernatural beings who are supposed to live "beneath the earth." This sheikh is always with the woman—*i.e.*, clothed with her body. She calls to him to draw his attention when she is requested to exercise her powers. For instance, if a sick person, whether child or adult, is brought to her she is supposed to be able, by the aid of the sheikh who possesses her, to say if the sick person will live or die. She is much sought after for spells and charms, and the sheikh advises her in each case which to employ. In fact, he is said to go beneath the earth to write the spell or charm in question, which he brings to her when it is completed, and which she passes on to the person who has come to her for treatment and advice. At such times this woman is *called* the Sheikh Muḥammed, and is supposed to assume his sex and character.

One of my village women friends who was suffering from a pain in her head went with me one day to consult this magician, and to ask to be given a cure. The house into which we entered was soon packed to overflowing, the very window being blocked with

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

sightseers. The floor and the walls of the room were of mud, but a fairly clean mat was secured for me to sit on, the magician and her patient squatting close by me. The former took the kerchief from off her patient's head, folded it cornerwise, and measured it from corner to corner with the span of her hand. She then knotted it and sat on it. Suddenly her whole body began to shake violently, and she uttered curious noises. This indicated that the sheikh was assisting her and making his presence felt. Her face now underwent a remarkable change of expression, and her voice, attitude, and whole behaviour became distinctly masculine, and everybody present addressed her as the Sheikh Muḥammed. She told her patient that she was to visit a certain sheikh's well, which was situated some miles away from her village. The sick woman asked if she might not go to the well of a sheikh in the magician's own village, but this request was peremptorily refused. It was, she said, necessary that the well mentioned before should be visited. This event happened during Ramaḍān, the month of the Muslim fast, and the magician told the woman that she was to come to see her again on the day of the 'Little Festival' (which immediately follows Ramaḍān) and that then she would give her a charm to wear.

The magician kept up her manly impersonation even after the *séance* was over, and she presently declared, much to the joy and amusement of the villagers, that she had fallen in love with me and wished to marry me! This ridiculous speech was believed to come from the Sheikh Muḥammed who possessed her and whom she impersonated, at any rate for the time being. She would not be satisfied until I consented to be photographed with her!

Another female magician of my acquaintance (Fig. 114) is also somewhat renowned within her village circle. This woman's husband is dead, and she lives with two of her sons. One room in their house is set aside for her use only; no one else must ever enter it, except the people from beneath the earth, with whom she is supposed to be in close and intimate relationship, and for whom there is always a supply of food and a *ḳulleh* full of water in her room. When she takes a meal she does so in this apartment, and she will not eat with other people. She has five familiars who live beneath the earth, and through them she gets into touch with the other subterranean supernatural beings, including *ʿafārīt*. One of these familiars is called Zedimāl; another, a son of Zedimāl, is called

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

CHAPTER XII

THE VILLAGE MEDICINE-MAN AND MEDICINE-WOMAN

THE village magician, whether male or female, often combines the practice of medicine with that of magic; indeed, it is difficult in many cases to distinguish the one from the other, so closely are they allied. Many of the cures are magic pure and simple, and when some herbal mixture is prescribed it is, more often than not, administered by the village 'doctor' to the accompaniment of the recitation of some magic spell. Without this addition many of the peasants would consider the medicine valueless so great is their belief in the efficacy of magic!

In a village where I have often resided for two or three months at a time there lives a woman who is renowned for her goodness. All her fellow-villagers have the greatest faith in her, and sick people beg her to come to them and cure them. She sits down or stands by the sufferer, and, holding a short length of dry maize-stalk, passes it round and round his or her head, repeating prayers and passages from the Ḳorān (Fig. 121). The stalk must then be either burned in a fire or thrown into running water. It is believed that the complaint passes into the stalk and is destroyed in the fire or carried away by the water. Twice over, when I was unwell, this woman was asked by one of my village friends to pay me a visit. On both occasions she acceded to the request, and, after she had finished her performance, the stalks were burned, and my friend declared that she soon noticed a decided improvement in my condition.

It can be readily understood that in these Egyptian villages, where dust and flies abound, and where the villagers themselves are so ignorant of hygiene, eye-troubles are very common. It is appalling to see how defective is the eyesight of many people of the peasant class and the amount of eye-disease, if not actual blindness, that prevails; and all this in spite of really excellent eye-hospitals controlled by the Government. Unfortunately, the seeds of disease are sown in childhood, and even babyhood. Until the women

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

164
515
854

are less ignorant, and learn to realize the importance of keeping their babies clean, it will be difficult, if not impossible, for the doctors to combat the many eye-diseases that cause so much suffering to hundreds of the peasants. With conditions as they are, cures for sore and inflamed eyes are much in demand and are numerous. The following are some of the remedies for eye-trouble employed by the village medicine-man or medicine-woman.

757
278
[756
755
291]

FIG. 121. A MEDICINE-WOMAN PASSING A PIECE OF MAIZE-STALK ROUND A FEMALE PATIENT'S HEAD TO CURE HER OF ILLNESS

The medicine-woman whose methods of healing I described above has a great reputation as an eye-doctor. Those who suffer from inflamed eyes and swollen eyelids often resort to her for treatment. She takes a lump of sugar, and, turning back the inflamed eyelid, rubs it inside with the sugar. "Black blood" comes away after this operation, so I was told. She then takes a large onion, extracts the juice, and mixes with it some salt. This concoction she drops into the eyes of her patient. "It is very painful," my informant told me, but she added that it did a lot of good. While the woman is rubbing the inside of the eyelid with the lump of sugar her patients often stop up their ears with their fingers, as this is supposed to decrease the pain of the operation. For three days afterward the eye, or eyes, must be kept covered with a handkerchief, so that no air can get in. At the end of the three days the woman gives her patient a second dose of the onion

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt

juice and salt, and a few minutes later drops a mixture of *tūtia*[1] and honey under the lids. It is believed that after this the inflammation will quickly disappear.

In another village farther south there is also a woman who is regarded as an eye-specialist, and her knowledge of her art, together with one of the objects she employs, has been handed down in her family for two or three generations, so she told me. She has a large shell, called in Arabic *maḥāreh*, and a black stone called *ḥagar eṭ-ṭarfā* (stone of the tamarisk). She makes eye-medicine by first wetting the inner, concave surface of the shell, and then rubbing it with the stone (Fig. 122). She thus produces a white liquid which the peasants call 'milk.' They believe, as does the woman herself, that this 'milk' comes from the stone, whereas it comes, of course, from the powdering of the surface of the shell by rubbing the stone against it. The liquid is believed to be an excellent medicine for sore eyes, and people in her village who are suffering from that complaint visit the woman and get her to drop some of her medicament into their eyes. This eye-medicine is known in other parts of Egypt

FIG. 122. THE FEMALE EYE-SPECIALIST HOLDING HER SHELL AND BLACK STONE, WHICH ARE SHOWN BELOW

[1] Sulphate of zinc.

2: Blackman E-5 (1920-1926) 1927
.MR13 Fellahin MR13
Upper Egypt
COPTS MR10

scripts, one of which he designates the " Book of Adam." He has with great labour collected and written out magical cures and protections for those troubled by *'afārīt*, and these form the contents of one of the books. He learnt his art, so he told me, from another magician, who was not a member of his family, but under whom he served a long apprenticeship.

During my sojourn in Egypt I have been given many accounts of the wonderful cures wrought by magicians on people possessed by *'afārīt*. I wrote the details down when they were given to me, and some of them may be interesting to my readers. The names of the people concerned, and the villages in which they live, are suppressed, in deference to their feelings; indeed, it would be a breach of confidence to divulge them. Such happenings are not usually discussed with foreigners, and were related to me only because I am regarded by the villagers as a trustworthy friend.

A young man in Upper Egypt became very angry with his wife one night while she was sitting in front of the fire cooking the evening meal. In his anger he took a pottery water-bottle (a *kulleh*) and struck her with it. In doing this he broke the bottle, and the water and some of the pieces of pottery fell into the fire, extinguishing it. The next moment he heard a voice saying to him, " You have broken the head of one of my children, so I will come into you [*i.e.*, possess you]." The man thereupon became mad, and began to tear his own face, and strike all those who came near him. Some of his relatives, seeing his terrible condition, proceeded to bind his hands behind his back and tie his feet together at the ankles, to prevent him doing further harm to himself or anyone else; but he continued to cry out and to speak meaningless words. His relatives took him to one doctor after another, but they could do him no good, and he continued in the same condition of violent madness.

At last, when he had remained in this state for three months, they went to see a certain sheikh. This man is a magician, and of a charitable character, and they begged him to cure the unfortunate man, pleading at the same time his poverty. The sheikh, who possesses (for he is still alive) many books of incantations and charms such as those mentioned above, listened sympathetically to their pleading, and consented to visit the sufferer, but he told them that they must first bring him a small piece of one of the garments belonging to the madman. They went home and

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returned shortly with a piece of the material demanded, on which the sheikh wrote some magic words. After doing this he told the anxious relatives that the man was possessed by an *ʿafrīt*, and thereupon, according to his promise, accompanied them to the madman's house.

Here he found the patient lying on the ground covered with a blanket, with his hands tied behind his back and his feet bound together at the ankles with strong cords. The sheikh then started to burn incense in a dish and to read some of the incantations from one of his books. Whereupon the madman tore asunder the cords which bound him, and began to strike out right and left. When the sheikh asked him why he behaved in this way the *ʿafrīt*, speaking through the madman, replied, "You have an unclean woman in the room."[1] On hearing this the sheikh was very angry, for no unclean woman must ever be present on such an occasion. So he ordered all the people, and there were many present, to leave the room, with the exception of a few of the man's male relatives. Crowds always collect on the slightest excuse in all Egyptian villages, offering conflicting advice at the top of their voices. On such an occasion as this of the sheikh's visit to the madman the room where the patient lay would have been packed with sympathizers and eager sightseers.

When the crowd had been banished from the room the madman became quiet, and the sheikh continued to burn incense and to recite magic sentences. The sheikh finally told the *ʿafrīt* to leave the man, but he replied (of course speaking through the man), "From what part of his body shall I leave him? May I come out through one of his eyes, which will then become blind, as a punishment for his breaking the head of one of my children?" The sheikh replied that he would not permit him to do this, but that he was to come out of the big toe of one foot. The sheikh then placed a *ḳulleh* on the ground, and said to the *ʿafrīt*, "I shall know that you have left the man if you knock over this *ḳulleh*."

Presently, as he continued reading his incantations, the sheikh saw a few drops of blood fly from the man's big toe toward the *ḳulleh*, which was immediately flung with a crash against the wall. The madman then sat up and said, "Where am I? And who are you?" After a while he recognized all his relatives, whom he had not known during the whole period of his madness. They

[1] A menstruous woman is always regarded as unclean.

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt
COPTS MR10

asked him where he had been, to which he replied, "I have been among the *'afārīt*."

Since that day he has been perfectly sane, and is now living happily in his native village.

The following is another case related to me in 1923, the incident occurring, so I was told, in 1920. In a town in Upper Egypt there dwells a somewhat celebrated Coptic magician, whom we will call the Sheikh B. He is known to be married to an *'afrīteh*, because he disappears every night, but neither his wife nor her children—for the people have discovered that she has offspring by the sheikh—are ever seen. They may come up above ground sometimes while people are talking about them, but they remain invisible.

The upper story of a certain house in this town was occupied by a Coptic clerk employed in a large business firm, while in the lower story lived a man whose wife had no children. The husband of this woman, distressed at having no offspring, begged the Sheikh B to come and see his wife, hoping that he might be able to give her some charm or read some incantation which would cure her barrenness. Accordingly, one evening, at a late hour, the magician arrived.

The occupant of the upper story was in the habit of praying every night and morning. On the evening on which the Sheikh B arrived this man was reciting some of the Psalms of David in a loud voice. On hearing these recitations the Sheikh B cried out, "Oh, make this man stop reading, for he is interrupting me!" Some of the people who had assembled to see the sheikh went up to beg the man to stop reciting. However, he paid no attention to their request, and read through all the Psalms, repeating them in a loud voice, so that they could easily be heard in the rooms beneath him.

The Sheikh B then cried out to him, "Oh, stop reciting these Psalms, you have burnt one of my sons"; for the sheikh had brought up many *'afārīt* from under the earth, including his own sons, so that he might consult them as to what should be done for the childless woman.

Finally the clerk went to bed; but as soon as he had laid himself down he felt that there were people in the room, and suddenly found himself being lifted off the bed. He opened his eyes, and saw four small *'afārīt*, dressed in quaint coats and trousers of many

2: Blackman E-5 (1920-1926) 1927
MR13 Fellahin MR13
Upper Egypt
Ancient Egypt MR5

CHAPTER XVIII

ANCIENT EGYPTIAN ANALOGIES

I WISH to make it quite clear that in this chapter I am by no means supplying a full list of the ancient analogies with which I am acquainted. My intention is merely to give the reader some idea of the importance of this particular branch of my research. In my strictly scientific account of the *fellāḥīn*, to which I have referred in the Preface, the question of survivals will be dealt with very fully.

As I am shortly publishing a book which deals exclusively with Coptic saints and Muslim sheikhs, to be followed later by a book on modern Egyptian medicine-men and their remedies, I am here omitting all references to the numerous and important survivals connected with the cults of those saints and sheikhs, and I am only just touching on the resemblances of the modern to the ancient magico-medical prescriptions.

An ancient Egyptian town and village must have presented much the same appearance as an Upper Egyptian town and village of to-day.[1] Then as now (pp. 27 f.) the better sort of house had one or more upper stories,[2] was doubtless often whitewashed or colour-washed,[3] and had a staircase probably (as is now frequently the case) of brick, leading from floor to floor and on to the roof, where were erected exactly the same mud granaries (p. 28) as are to be seen there nowadays (see Fig. 154).

On the roof of an ancient as of a modern house were often placed two *malāḳif* (singular *malḳaf*),[4] the ventilators by means of which the north and south wind are conveyed into the house during the hot weather.

[1] See A. M. Blackman, *Luxor and its Temples* (London, 1923), p. 4; T. E. Peet and C. L. Woolley, *The City of Akhenaten*, Part I (London, 1923), p. 54 and note 1.

[2] A. Wiedemann, *Das alte Ägypten* (Heidelberg, 1920), p. 168; A. Erman and H. Ranke, *Aegypten und aegyptisches Leben im Altertum* (Tübingen, 1923), pp. 190 ff.; W. Wreszinski, *Atlas zur altaegyptischen Kulturgeschichte* (Leipzig, 1923), Pl. 60*a*.

[3] Nina de Garis Davies, *The Tombs of Two Officials of Tuthmosis the Fourth* (London, 1923), Pl. XXXIV, p. 30.

[4] A. Erman and H. Ranke, *op. cit.*, pp. 205 f.; A. Wiedemann, *op. cit.*, p. 168; N. de Garis Davies, *op. cit.*, p. 30.

functions of grocer and druggist, café-keeper and innkeeper, money-lender and banker. He is the most Egyptianised of Europeans. He has no objection to living right in the village, among the fellaheen if not with them, and on them if not for them. He has brought into this closed world the gramophone and the games of the West. He robs the fellaheen and teaches them the use of narcotics, but he is unfailingly obliging. Though his rates are exorbitant, he will lend money on request without asking too many questions. He sells on credit, and when he buys he pays cash. The fellaheen appreciate his resourcefulness and enterprise.

Other less important but more popular figures stand out from the mass by virtue of some well-defined social functions long sanctified by custom.

First comes the *mizayen* or barber-surgeon. He is a very busy man. He shaves all the fellaheen of his district once a month, and crops their hair. Squatting in front of his client, who also squats, he takes a dish of water between his knees, and an old razor between finger and thumb, and quickly tidies up the face and head. An aching tooth? He will pull it out. Cupping, scarification, purge? No difficulty at all. He is responsible for public health, and therefore performs vaccinations, and notifies deaths to the *'omda*. The *mizayen* also officiates at circumcisions, and on the eve of this operation, or of a wedding, the hair-cutting takes on something of a ritual significance. He surrounds it with ceremony, and in so doing dignifies his art. For his varied services he is paid either in kind at harvest time or in milliemes.

The magician or sorcerer, with his charms, his formulae, his perfumed sachets and his magic remedies, would be a serious rival to the *mizayen*, were it not that his credulous customers are chiefly women. He may live in the village or merely pass through. It is to him that the country women have recourse in order to get the help of jinns, to cast spells, to counteract the evil eye or to ensure conception. No-one can make them believe that this holy man is just a rascal and an impostor. The more magic babble he puts into his rites, the more confidence they place in him. Indeed there are many instances in which trickery is not a sufficient explanation for the effects produced. A whole book might be written on witchcraft in the village, and its affinity

I

THE TAḲRĪFA

THIS is common in the villages and in most of the cities. It affects the person afflicted with *ḳarfa*, which is chronic intestinal catarrh. The manner of treatment is such that it forces upon the sick person strict dieting, so that he only eats a little bread with salt and pepper after midday. In the morning he goes daily to the "old woman" who seats him before her with his lower extremities extended, while she remains behind him stretching her limbs out in the same way. Then she squeezes him with her hands against her chest, and rubs his stomach with increasing violence. After all this she squeezes his head, for the space of half an hour, with great force, the result of which is often death. She does all this without heeding or fearing evil consequences.

And would that she were satisfied with what she has now done after this manner! But now she brings a piece [p. 9] of cloth which she wraps round the neck of the patient (the dumb animal! nay, the deaf stone!) and chokes him until he loses consciousness. She thinks nothing of this, although such an "operation" often results in the death of the wretched patient. (We may seek to excuse her by saying that it is not her fault. because the rules of the "prescription" force her to do it) Next she repeats that operation many times in succession and ends up by giving the patient half a lemon dipped in a mixture of oven ashes, salt and black pepper. Sometimes the invalid has to endure this for a full month.

As for the diet, it is the best part of the medicine; but there is no merit in that due to the old woman, because she does not order it with the intention of healing the sick, but to make the rubbing of his stomach easy for herself. The extraordinary thing is that she asserts that the whole of the benefit is in the

choking, and that the speed with which the disease declines depends proportionately upon the employment of violence or gentleness in that "operation." But the most astonishing thing is that the sick one, if recovery be vouchsafed him, goes home loud in the praise of that "old woman," saying, "The disease was creeping about in my feet in a terrifying manner."

And what did this creeping amount to (had this inexperienced fool known) except the numbness of his nerves resulting from the compression of the spinal cord, and the suffusion of the brain? And were it not for the fact that he has but few days left to spend in his folly, the deceitfulness of the "prescription" of that old ogress would disappear. As for the lemon and the common salt, sometimes they are of advantage if the sourness of the stomach be slight, but they cause serious injuries if it be severe. And since the "old woman" who "prescribed" this is ignorant of these [p. 10] details, her making use of the salt and the lemon mingled with oven dust in curing—or rather in killing—her patient was only for the purpose of intensifying the imagination and gilding the deceit.

II

THE MASH'ŪMA

THE common people mean thereby ill-omened (fevers). Their "prescriptions" would make a bereaved widow laugh! For example, if the village be under a fortunate star, and there be found in it "the bone of the unbeliever"—one of the bones of the metatarsus—which is the stock in trade of one of the "old women," or of whoever gains possession of it, it is far ahead of all neighbouring towns and villages. A very old man, one of those who were present at the Siege of Sebastopol, related to me that he almost met his death in this siege whilst he was occupied in extracting this bone from a corpse in the firing line.

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[p. 12.] But if it be impossible to find such a bone, then the "old woman," entrusted with the cure of the invalid, orders one of the patient's relatives to go alone in the second part of the eve of Friday into the cemetery and bring back a brick from a grave in which no one has been buried for a long time, and place it under the head of the fevered patient. It will improve his health.

The "old women" also employ for a relapse a wonderful "prescription," which I have seen with my own eyes in the case of a patient whom I was treating for a violent intermittent fever. When I was by his side asking him how he felt, and thinking about his cure, I heard a commotion in the courtyard of the house. On investigating the matter, I saw a woman in one of the corners of the room where the patient was, busy muttering spells over some dry cakes of cattle-dung. Outside I saw another "old woman" of an evil countenance, with a white girdle over her black clothes, bearing on her head a sieve with a great crowd of boys behind her pelting her with stones, and jeering at her. She took no notice of them nor scolded them (because the "prescription" demands that), but continued advancing thus towards the door of the sick-chamber. Then when she reached it she began calling out, "Is there anyone here in a relapse (*mankūs*)?" The other woman who was inside the room answered, *mā 'indanā mankūs walā wag' fī rūs.* "There is no one in a relapse here, nor even with a headache," and she hit her in the face with one of the cakes, over which she had ceased reciting the spell. But the other kept on asking and the other answering her, after the same fashion, until the twelve cakes were all used up. Then the "old woman" outside carried them in the sieve upon her head and went off, I know not where. [p. 13.] I was seized with the greatest wonder and astonishment, and on asking for an explanation, was informed that this "prescription" was the cure for a relapse. As for those cakes, the "old woman" would throw them into a disused well that same night. My comment was that in that case there was no necessity for salts of quinine, and I withdrew from their midst leaving them to their folly.

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[p. 24] The North African (or Moorish) quacks have a ready market in Egypt because it is the common belief of the deluded people of that land that the Moors have great ability in casting out the Jinn from the bodies of mankind. I saw an example of this two years ago, when I was called in to treat a person suffering from chronic meningitis. Whilst I was with him one day, suddenly those present stood up out of respect. I turned round to know the reason why, and beheld a man, a Moor with a long beard, of a ghastly colour and squalid appearance. He had entered the room, and those present were going up to him and kissing his hand to obtain a blessing thereby. I asked who he was, and was informed that he was Al-Ḥāgg Muḥammad of Tlemcen, and that he had been brought in in order to drive out the accursed devil that had entered into the body of this poor wretch, and had made him toss upon a bed of pain and suffering.[1] When I heard this, I said, Allah help us! The Moorish Shaikh then took something out of his bag and threw it into a flaming fire, which they brought him at his request. At once there went up a smoke which almost choked the bystanders. Those who feared for their lives went out of the room, and contented themselves with watching from the door what else might happen. I myself remained, I am glad to say, with the others inside. I saw him after this incensing " operation " arise and approach the patient, and tie one of his big toes with a thread of silk, the end of which he himself held in his hand. Next he began saying to those present, " Verily the *jinnī* which is in the patient, is one of the children of the unbelieving kings, and he will only go out from the body by being condemned and despised and ill-treated. So it is you, who are here present, who must beat him." He pointed to the sick patient, and two of those present [p. 25] procured pieces of cane, bared their forearms and began beating him furiously, whilst he was crying for mercy and groaning. And the wonder of it was that the father of the poor fellow, who had up till then been treating him with clemency and gentleness, was one of the two who undertook to expel the *jinnī* from the body of the patient, although if they had only known it they were really trying to drive the

[1] [The term generally used to describe such a person is *mu'afrit*, which means possessed by an evil spirit, or *'afrit*. Tr.]

755 life out of him. As for the Moor, whenever he noticed any
776 slackening or fatigue on the part of these two beaters, he encouraged them to keep on by saying, "The *jinnī* is about to depart. Your sick one will soon be healed by the expulsion of this cursed son of an unbeliever who rebels against the Faith."

Feelings of pity incited me to restrain the beaters from their work, but the patient's father reproached me, and told me not to interfere with what did not concern me. So I returned home, in wonderment at what I had seen.

X

"THE LODGER" (*NĀZIL*)

● 756
787
[539]
796

"Said an old hag, There has come to me
A *jinnī*, who stays with me as a "lodger,"
Come ye to him, and come again soon,
That he may cure your sick!"

A CERTAIN old hag will assert that a *jinnī* keeps her company, and is like a husband to her. He reveals to her knowledge of the unseen and informs her about all the medicaments that the sick require. There is one such who is famous, an old wife in the Province of Buḥaira, in the village of Ḳahūḳīya, and there is another in the village [p. 28] of Umm Ḥakīm. The former has surpassed the latter, because her *'afrīt* (whom she names Shaikh Sīd Aḥmed) is very pious. Women come to her from all directions, and bring her presents of money. (The money of course which is brought to the Shaikh, is called a *present*, not a *payment*). The procedure is, the "old wife"
755 enters a darkened chamber, locks the door securely, and
776 remains in it for a short time. Then she returns to her clients
787 with some drugs, which she asserts her Shaiṭān (or devil) has
796 requisitioned from remote districts and distant lands by means of his "assistants." She tells them to take these medicaments

because the *Jinn* (lit. the "Helpers") have brought some of them from India, and others from Sind or from the land near to the mountains of Ḳāf,[1] and other such nonsense and absurdities, "*as to which Allah has sent down no authority.*"[2]

Sometimes certain of the women request her to allow them to enter the darkened chamber that they may participate in the "blessing" (*baraka*) of the *'Afrīt*, to enable them to obtain their ends. (For this she receives another "tip.") One of them thereupon enters the chamber which is pitch black. After a short time she hears either a weak voice, or a loud one which utters the name of her sick one, or her own name, if she be the patient, and explains to her the date of the illness which has afflicted her or her sick one. It assures her that its "helpers" have undergone great suffering and distress in the course of producing the beneficent antidote (or rather the maleficent poison) from the ends of the inhabited world, and that the invalid will be cured after a few days.

[p. 29.] The truth of the matter is that the ill-omened old hag has employed certain women (who consider themselves brokers or traffickers, and so on, and who have the entrée into every house) as her spies to bring her news of patients in every village and hamlet, and the date of their illness, in full detail, as for example, that no child of such a woman is living, and that so and so is barren, and so forth, according to their methods of deceit and their innumerable ways of stratagem and chicanery.

One of the duties of these women is to advise sick women or others to go to Shaikh Sīd Aḥmed, when such a scene as the one we have described takes place. There is nothing of course in the chamber of the so-called Shaikh except the old woman herself who has already become acquainted with what the spies have conveyed to her, and which she repeats, not in her own voice of course, to the sick woman, or to one of her relatives, who implicitly believes in the Shaikh, and impoverishes herself in order to propitiate him.

[1] [In Islamic cosmology the mountain range that surrounds the earth. Tr.]
[2] [Koran, xii, 40; liii, 23, etc. Tr.]

the effect anticipated from it will depart without avail. For a certain friend, whom I know, they wrote an amulet which did not produce the desired result, in spite of his strict adherence to their wishes. (This was only that Allah might reveal to him their falsehood and wickedness.) It so happened that when this friend was in despair he exercised his skill on the covering of the talisman, which was [p. 38] of lead, until he opened it. When the paper inside it appeared, he found it did not contain anything at all in the way of writing. Yet he did not cease in his mind to place some credence in the soundness of amulets and talismans, for when he saw that the circumstances were such, he was afraid in his mind lest the writing had flown away because he desired an acquaintance with what was inside it, and so he did not stop performing the requirements prescribed to him by the quacks. What added to his hallucination was the fact that he told his case to an ignoramus, led astray like himself, and he began upbraiding him for what he had done, and proved to him that no one dared to do what he had done unless he had been blinded, and the sign-posts of his vision had been effaced.

Let us return to the shell-diviners. These women do not confine themselves merely to enticing people into their nets in the normal way, but they vie with one another in practical "healing." They have thus often been the cause of the setting of the sun of life for many persons of note both men and women. One, whose word I cannot doubt, informed me that he was inhabiting a neighbouring dwelling in which was a girl suffering from chlorosis ("*yellowness*" [sic]) whose mother went to one of the shell-diviners and informed her of her daughter's condition. The "old wife" assured her that a *jinnī* had fallen in love with her daughter, and had entered into every part of her body and was the cause of her complaint.

When our poor friend heard that, she could not resist throwing herself at the feet of the "old wife," beseeching her to take pity and cast out the *jinnī*. After pretending to refuse and put difficulties in the way, the "old wife" at length granted her request, and accompanied her to her dwelling. As soon as she saw the patient [p. 39] she ordered them to bring her half a pound of metallic lead and melt it over a fire. When

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●756 in the villages are famed for the "cure" of them. Many women One of them is known as Sitt Umm Ḥusain. She resides in the village
757 of Ibrāhīm Aghā in the district of Shubrakhīt. Her "specific" is to take a piece of the hollow stalk of the bamboo (*ghāb Fārisī*), and split it lengthways down the middle, and place in it the skin of the patient's eyelid. In view of its flexibility it squeezes upon the eyelid and hinders its nourishment, so that it becomes violently inflamed, perhaps extending to the neighbouring parts, and destroying the eye. The result[1] of this ill-
[169] omened treatment is that the part squeezed becomes affected with gangrene, the eyelid becomes separated from the eyeball, and the latter becomes exposed to all external influences, great, and small, there being now nothing to protect it from injury, not to mention that the patient through this "operation," becomes ugly and hideous, the sight of him frightening children and offending grown up people.

Many others besides Sitt Umm Ḥusain there are who go round the villages rooting out eyelids as if they thought Allah created them unintentionally.

XXVIII

HEALING OF THOSE BORN BLIND (CATARACTOUS)

757 A NATIVE of Mandūra in the Gharbīya Province claims that
298 he has done some of the things for which Jesus (on whom be peace!) was noted, and has made the blind to see (or, rather, to describe him by what results from his works, he gives those who have eyes, eyes to see). What he does is, he anoints the ophthalmic patient with *kohl*, which he makes himself, and in ten days he is "cured."

I was informed by one of the leading people of the Buḥaira Province about some antimony [*kohl*] which he bought from

[1] [Dr. A. F. MacCallan, writing in the *Egyptian Gazette* (April 7th, 1927) on the development of Ophthalmology in early Arabic Literature mentions this popular Fellahin "cure," and adds: "*The trichiasisentropion is occasionally cured* (by this method), *but always at the expense of a shortened upper lid, and the frequent production of lagophthalmos.*" Tr.]

4:Walker E-4 (no date) 1934 (ca. 1890) MR13 Fellahin MR13 Egypt MR1

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Orientals as the people of India, China, the Hedjaz, Persia, and Dongola, and even the Berbers who have depended on his favours from ancient times even to the present day. So that you see him [i.e. the Egyptian] although he is a native of the land and its rightful owner, living only from hand to mouth in spite of his many endeavours to better himself.

The same may be said about the Egyptian physician because "*the singer of the tribe does not charm.*"[1] He is lower in rank than any foreigner, even if he be distinguished for skill and dexterity in his profession, whereas his foreign colleague may be distinguished for stupidity and ignorance. Anyone who considers the truth of the matter can be certain that our native patients glory in their illness when they can say, "Our doctor is Monsieur so and so, possessed of such a certificate from the High School of Paris," or, that he is Mr. or Signor such and such, although the patient in the majority of cases does not know anything of the circumstances of his physician, whether [p. 58] he be French or English, for example, or Italian. And the fact is, if we try to excuse him because of the justifiable reputation of Europe, we cannot do so when he resorts to the Moor Sīdī al-Ḥagg al-Tlimsānī, or Shaikh 'Amr al-Rūḥānī, or Sīdī Muḥammad al-Sūdānī, or others who deceive and ensnare simpletons. The reason is that their country is without adequate medical schools, so where can they learn medicine?

I beseech the reader to be patient while I relate to him an event which happened last year. While I was sitting one day with some colleagues in a certain place, some people entered whom we knew, accompanied by a Shaikh in the garb of the Hedjaz (full-sleeved gown, *kisā*, and "hunchbacked" turban). He was introduced to us as Shaikh Manān ibn 'Abd al-Manāf, and that he was a physician who "cured" every ailment. We received him with the utmost respect and reverence, and made room for him in the highest place. Then when we opened a discussion, he began to inform us of strange "cures." He soon began to rave in his talk and to beat about like a blind she-camel in a pitch-dark night, so that he imagined, I perceived, that none of those in front of him had any acquaintance with

[1] [A quotation from *Ibn al-Jauzī* (12th Cent.). A prophet is not acceptable in his own country. Tr.]

4: Walker E-4 (no date) 1934 (ca. 1890) MR13 Fellahin MR13 Egypt MR1

EF 756 755

the medical sciences, but were all liable to be duped by him. One of his claims was that he could extract the heart and the liver and replace them by the corresponding parts of a dog. We rejected this statement on account of its absurdity and want of agreement with the canons of medicine. When he saw our opposition he said, " Do not wonder at that for I have cured this last year 40,000 [p. 59] patients suffering from *ascites abdominalis* in Mecca alone." Then we became more sceptical than ever of his statements seeing that the whole population of Mecca is not more than 60,000, and two thirds of them have not always this disease. That would be absurd. So, when he rose to go, he invited a number of us to accompany him, amongst whom was as it happened that excellent Doctor 'Abd al-Fattāḥ Efendī Fahmī, chief physician of the Government Hospital at Assiut, and Doctor 'Abdallāh Efendī Shaukat, head of the Ḳaṣr al-'Ainī Hospital.

When we arrived at his house we found him the centre of the afflicted and the refuge of the unfortunate. Crowds streamed towards his dwelling from every side so that they blocked the way for the passer-by. When we were seated he began " treating " his patients. This was after he had laid aside his robes and put on others which made him look like the successor of Al-Ḥāriṯh ibn Kalada.[1] Among the crowd he had a girl afflicted with filthy suppurating scrofulous glands, so he called on his servant Ṣiddīḳ to prepare a poultice of *lait caillé* (*leben zebādī* or *yaghourt*). Then he himself brought forward a dish from which he took out a little powder of sweet marjoram which he scattered on the poultice, and put this on the neck of the poor girl, whose mother took her away to where she might roll about on account of the burning pain (after she had satisfied the monetary demands of the professed physician).

EF [164] [278]

Anyone who is acquainted with science knows that it is not possible to guard against the harmful effects of gathered pus except by extracting it by means of surgical instruments.

EF 756 278

After the sick-visitation had come to an end we went up with him that he might show us his chamber of drugs. We found it a spacious place with hundreds of vessels containing

[1] [See note above p. 43.]

4:Walker E-4 (no date) 1934 (ca. 1890) MR13 Fellahin MR13 EGYPT MR1

drugs, salts and acids and alkalis with labels, on which were written their names in Latin; in very indistinct letters on account of their age. The bystander could not help suspecting that this was merely the leavings of some pharmacist, which this man had bought up after the death of the owner.

On turning my head to the right I saw written on one of these bottles " sulphuric acid," so I asked his lordship about the contents of the bottle, in order to try him, that it might put an end to my suspicions regarding him. He answered straightway, " This is oil of mandragora, or apples of the Jinn." Then he produced a vessel gilded on the outside and said, " This is the *Kohl* (stibium) of the Forty. It puts and end to obscuration of the surface of the eye, and I produced it myself by boiling it in oil of rose mixed with the grease of serpents forty times." He generously presented each of us with some to experiment with, but when we had left his dwelling we threw what was in our hands on the ground, except one of us who was determined to try it. He put a little of it in his eye, and the next day was afflicted with ophthalmia of the cornea which took him fifteen days' treatment to get over its evil effects.

Mark the difference, O you who are intelligent and skilful, between the dwelling of this ignoramus aping the physician and [p. 61] the clinic of one of our keen native doctors. You will find the difference distinctly visible. While the former rejoices in success and prosperity, the latter suffers ill-luck and neglect.

XXX

HEADACHE (ṢUDĀ')[1]

This is applied to many illnesses, but is only rarely an original illness. It arises from decay in the bone of the occiput,

[1] [Professor E. G. Browne, in his Fitzpatrick Lectures on *Arabian Medicine* mentions (p. 4) that this noun of pain appears in the Latin version of the Ḳānūn of Ibn Sīnā (Avicenna) as Soda (*Sermo universalis de Soda*), a term which must have bewildered those without the Arabic original. Tr.]

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XXXI

SCIATIC NERVE ('IRḲ AL-INS)

By this they mean sciatica (*'irḳ al-nisā*), or nervous pains chiefly in the hip. The causes of this disease are many, such as hereditary venereal disease (which is cured by its own medicines) and the effect of cold and inflammation in the sciatic nerve, or inflammation of the spinal cord.

[p. 65.] One of those who were famous for the " treatment " of this disease was a man of the people of Edkū [near Alexandria in Lower Egypt]. He takes his patient in the early morning outside the town until they come to a wide plain in which the box-thorn[1] grows. (It is a kind of shrub). He then chooses as much of it as equals the size of the patient's side, and recites over it charms[2] which he keeps on repeating for a long time. After that he scrapes aside the sand which surrounds its root, and when it is uncovered, he pulls it up. He next goes to a fire, which he had previously kindled, and in which are iron pins. He then begins cauterizing the bush in every one of its joints while all the time he is busily reciting. At the end of all these processes, he digs up some earth, buries the shrub, and the patient is " cured."

The explanation given of these " cures " is that sciatica is a disease due to the influence of the *Jinn*, and the charming drives out the *jinnī* from the body of the patient, and imprisons him in the shrub, while the cauterizing of this kills him inside it. It is marvellous that persons of any enlightened intelligence should absolutely refuse the treatment of physicians and betake themselves to this man who is just like all other quacks. He orders the patient not to publish the secret, for if he do, the disease will return worse than before. I was told this story by a friend who was thrown into this man's hands by fate. And the extraordinary [p. 66] part of the story is that imagination had obtained such a hold over him on account of

[1] [Arabice, *'ausag*, Latine, *Ausegum*. See M. Steinschneider, *Heilmittelnamen der Araber*, in *Wiener Zeitschrift für die Kunde des Morgenlandes*, xii, 222. Tr.]

[2] [*'Azā'im*, plural of *'Azima*.]

4:Walker E-4 (no date) 1934 MR13 Fellahin MR13
(ca. 1890)

his having divulged the secret to me that in two days after this, the disease returned to him through imagination, just as it had left him under the same influence.

XXXII

"NECK PAIN" (WAG' AL-RAḲABA)

THIS means either hoarseness of the throat or diseases of the tonsils (lōzatēn). The "old wives" "cure" it in two ways. (1) They make the patient hang round his neck a huge bead of red stones, and (2) they order him to swallow a boiled hen's egg at one gulp without chewing. The harm of this latter method will appear from the story reported by the Egyptian newspapers of date 13th November, 1892, about a youth in the Daḳahlīya [Province] in whose throat the egg stuck and he died shortly after. Perhaps this will be a warning to those who are heedless and restrain them from trusting in the nonsense of the "old wives" and the absurdities of foolish individuals.

XXXIII

WORM EXTRACTORS (DAWWĀDA)

THESE are a community—the Ghagar and Nawar[1]—whose origin is from Syria; some say from China; and some go so far as to say that they are spread all over the world. They claim that they can "cure" children who cry too much, by extracting the worms (*dūd*) from their foreheads, pretending that this is the cause of their continual crying. Dr. Muḥammad Efendī 'Alī Duwaidār relates that a little child of his family was always crying, so the child's parents summoned

[1] [Gypsies and vagrants. See *Encyclopedia of Islam*, under, *Nūrī*. Tr.]

4:Walker E-4 (no date) 1934 MR13 Fellahin MR13
(ca. 1890) Libyan Bedouin MT9

for the space of forty days. The true reason for this the ancients did not know (or if they knew it, they did not speak about it, or it did not reach us). But the erudite Pasteur says that in this space is the crisis in which the invalid is between the two states of recovery and danger.

XXXVI

THE ZĀR

(We do not know the true etymology of the word Zār, whether from Zārā, a town in the North of Īrān; or from Zār, an Arab village East of Yemāma. Most take it from *Ziyāra* [visitation], meaning thereby the coming of the "Masters"[1] into the presence.)

Fortune did not grant us to be eye-witnesses of the ceremony of the Zār so that we might speak of it at first hand, since the Kūdīyāt[2] object to the presence of men or even boys, so we relate this on the authority of the famous authoress [p. 73] Zainab Efendī Fawwāz. It was published in No. 200 of the valuable *Nile Journal* (*Jarīdat-al-Nīl*).[3] She says:

"There is a company of women called Kūdīyāt. They are those who practice the Zār. Such women are the most undesirable and most wicked of charlatans, for they are female quacks. They do things which souls loathe, and at which bodies shudder. As for the women who agree with them they almost worship them on account of the powers to which they lay claim. They even go so far as to believe that if any woman speak in her own home, the *Kūdīya* will hear in her own dwelling. The reason for this is, that the *Shaikh* or the *'Afrīt* [or demon] who possesses the *Kūdīya*, transmits the words to his devotee. For this reason the woman cannot speak, nor if

[1] [i.e. the presiding women who are "possessed" by male spirits. Tr.]
[2] [The chief women of the party (*ṭā'ifa*) of the Zār, or rulers of its meetings (*agwāḥ*, plural of *gōḥa*).]
[3] [See M. Hartmann: *op. cit., index.*]

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the *Kūdīya* demands anything, can she contradict her, lest the Grand *Shaikh*, under whose jurisdiction the demons [or *'Afārīt*] are, may be angry. And so the woman comes to her husband with bashfulness or with abuse, and if she is able to wheedle anything from him she does so. If not, she must sell something of her own property, and put a stop to the demands of the *Kūdīya*, somehow or other. If she should demand of one of them the performance of the *Zār*, the expenditure will not fall short of twenty or thirty guineas, not to mention trinkets, ornaments, and valuable garments which the *Kūdīya* asks from her, with the statement that the *'Afrīt* [or demon] has come to her in a vision and demanded of her such and such. So the woman is compelled to yield to the demand for fear that he will cross her and cast her into sickness."

"Now I shall explain to my gentle readers what I have actually seen myself [p. 74]. On one occasion one of my lady friends invited me to visit her on a particular day because she would perform the *Zār*, and I was most anxious to witness it. I had never seen it, though I had heard about it. When I entered the place I found a wide court spread with a large carpet, and along its sides rugs thrown upon the ground, so that no part was above the other. This was out of respect for the *Kūdīyāt*, who do not like to sit on couches, nor may anyone sit above them. This is done out of obedience to "Religion," seeing that their belief is that what they do is in accordance with the text of the Divine Law, which just shows the ignorance of these women and their not studying the facts, for they know nothing of their Religion except the names of Saints like *Bedawī*, *Rifā'ī*, *Bayūmī*, *Mutawellī*, and other such names.[1] So if one of them has the least ailment, the *Kūdīya* makes her imagine that *Sīdī Bedawī* or some other will come to her. And everyone knows how much the imagination influences the feelings. So the women seek "blessing" from her, and come to her from all sides, reckoning the honouring of her one of the chief requirements of religion, because there dwells in her body the pure *Sīdī Bedawī*, or *Shaikh Muḥammad*, or

[1] [*Bedawī* is the celebrated saint of Ṭanṭā, in the Delta; *Rifā'ī* is buried in Cairo near the Citadel. *Bayūmī* is buried at Ḥuseinīya near 'Abbāsīya, Cairo; *Mutawellī* is the famous *Ḳuṭb* (or "*Pole*") of the *Ṣūfīs* and is supposed to manifest his presence behind the *Bāb al-Zuwaila* in Cairo. Tr.]

some other of the saints. All this is the result of ignorance arising from girls not being educated.

[Description of the *Zār*.]

" First of all the *Kūdīya* arose and placed a chair in the middle of the room and made our hostess, the mistress of the house, sit on it. She next produced [p. 75] two hens and a cock. She tied the legs of the hens together, placed the cock on her head and the two hens on her shoulders, and began reciting the appointed rigmarole and declaiming verses, whilst the birds for fear of her were screaming and shrieking until the place shook, and all the ladies were stroking their faces and saying: ' Please, oh, Lords! Help, oh, people of Allah! Pity, oh, my Lords! ' whilst she was reciting and holding in her hand the drum which is called the *bandīr* in the parlance of the *Ṣūfīs* [lit. the people of the way]. Then she began pounding upon it and uttering incantations after that fashion, until when she ceased she took down the cock and the hens, and went out to the courtyard of the house, and brought in a ram, one of the best, and ordered it to be slaughtered. When it was stabbed she brought forth a dish and caught the blood in it, and ordered the lady to drink some of that blood, and anoint her limbs with it, which she did. We were all looking at what might make one's flesh creep. For we know that blood is forbidden, as much as the dead, or the flesh of the pig. When they were finished with these shocking actions, they surrounded her, having drums, and cymbals (*ṣunūg*) in their hands, and brought her in with, I fancy, greater ceremony than she had at her wedding, smeared as she was with blood in place of the wedding ornaments, until she sat in front of the *Kūdīya* and her followers. All sat in their places, and the ladies who were invited also sat down. The assembly composed itself and coffee was brought in, and they rested for half an hour. Then they took up their drums and began beating furiously with bewildering incantation. Meanwhile the lady was kneeling in front of the drummers with her head upside down [p. 76] on the ground till one of them came with a bundle of clothes consisting of a change of men's clothing, namely, an *'abā'a* [or cloak] embroidered with gold and silver thread in the best style. They opened it and brought out a robe of

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XXXVIII

SKIN DISEASES AND SNAKE-CHARMERS

THE common people think that *impetigo* or skin-disease (*karfa*) originates from the fact that the viper blows its poison into the body. For that reason those afflicted betake themselves to the snake-charmers [Rifā'ī Dervishes] and the viper-enchanters [Sa'danī Dervishes].[1] As for the latter, they are the lowest roughs who claim that they have complete authority over serpents and vipers. So they charm by means of oil, that is, they spit into it, and anoint the patient with this oil for the space of three days. Then he is "cured." And it is [p. 81] a vain assertion and worthless belief because scientific and practical experiments prove that the poison of these reptiles does not cause harm except when it touches the blood. The savant Bouchard swallowed capsules containing large quantities of it. They were very nourishing. It is mentioned that the degree of their nourishment was like that of the white of eggs.

And if we see the oil of the charmers sometimes benefiting in the case of *karfa*, that is only because this disease, like some skin diseases, demands for its successful treatment extreme caution against atmospheric injuries, that is, the influence of the outside air. When oil is smeared on, the layer of smearing forms a sort of barrier between them. So no wonder the patient is cured and relieved from the fetter of the disease. For the oil in this case produces softening in the crusts of the skin-disease, then they fall off of themselves. And it is not, as the *Sa'danī* and other triflers assert that this results from their control over serpents. Because if they were speaking the truth, why do they let the serpents injure people at all, and harm mankind with their ill-doing?

[1] [See article by translator on *The Gypsies of Modern Egypt* in the *Moslem World*, July, 1933, p. 289.]

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Nowadays there are some women who perform the Zar-ceremony (1) merely for fun or with the aim to get money or presents from their friends and relations. (2)

2. The Kūdiya or Shaikha:

In most cases the Kūdiya is a woman, rarely a man. Kūdiya with dark complexions are preferred, because it is believed that the most clever Kūdiya are Sudanese. In our terminology the Kūdiya may be described as the medium between the possessed person and the spirits. By her knowledge and ability, which will be described later, she is able to designate the spirit or /81/ spirits who entered the patient's body. A specially favourable day for the soothing of the spirit is fixed and special offerings made. The amulets (Arabic: Hegab, pl. ahgeba) and the clothes the patient must wear during the ceremony are determined. From the day the Kūdiya is called by the patient until the day of the ceremony she supervises every step taken in this respect. She has connection with the black-and goldsmiths and with the El-'Attar (plant and drug-dealer).

The Kūdiya herself is supposed to be possessed by all kinds of spirits and she wears all respective amulets. Once every year she performs a big ceremony for all these spirits. It takes place in the month of Ragab and is the closing ceremony of the year. During the following two holy months of Islam Shåban and Ramadan no Zar-ceremony may be performed. Apart from the big annual ceremony, she makes a small Zar approximately twice weekly as treatment for her patients.

The Kūdiya's position is hereditary; if she has no daughter to succeed her, the post will be passed on to one of her assistants.

(1) It is mostly uncultured rich women who do this for fun and spend a great deal of money on it.

(2) The social usage obliges a woman even nowadays in Egypt to give presents or money (called: No q tan) to her relatives or friends on the occasion of marriage-, birth-or Zar-ceremonies. They, in turn, are obliged to repay her if she performs any such ceremonies.

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drums and the cries uttered can be applied also in describing a war, or another Central-African dance.

The Kūdiya is a real medicine man who is an incarnation of the spirits. The sacrifices, the smearing of the body with blood, the collecting of the bones of the sacrificed animal, the burying it in the soil or throwing it in the river etc... are all elements of the art practiced by any African tribe. In other words, this article could have been called: "An African Element in Egypt." 756 782 791 177

The twofold and complicated Zar-conception of Egypt is due to the Egyptian cultural type. Every belief of supernatural nature was combined in the Zar, even Islamic saints were added to the list of spirits and some Quoranic words are recited. 755 177

An important factor which is responsible for the survival of such an interesting practice is that it offers an opportunity for women gathering and dancing, for buying clothes and jewelry, and satisfying some sexual urge. 755 182 562

Zusammenfassung.

Im heutigen Aegypten sowie in Abessinien und im Sudan spielt der Glaube an böse Geister eine bedeutende Rolle, namentlich unter den Frauen niedereren Standes. Die Geister gehen in die Körper ihrer Opfer ein und nehmen sie in Besitz. Nur durch die komplizierte Zar-Zeremonie können sie besänftigt werden. Die im Zar mitwirkenden Personen und ihre Funktionen werden eingehend geschildert: die Zentralgestalt Kudiya (meist eine Frau, nur selten ein Mann), einige Assistenten und Musiker und schliesslich die Geister selbst. Die Untersuchung enthält auch eine Reihe von Hinweisen auf Altägypten.